

# Changing the Tide

*Returning to Natural Learning*

2018 NDCCPI ANNUAL CONFERENCE

Friday 8:15 am—9:45 am

## Class Descriptions:

### ***STEM Resources for Tots & Teachers***

Molly Flaspohler—MLS, MLA

Prairie Public Broadcasting

As childcare providers, you are ideally situated to nurture (STEM) skills through daily routines, play, and exploration activities. PBS has created a web portal called "Sesame Street in Communities." The portal is filled with FREE resources, strategies, and support for community providers. In it you will find hundreds of bilingual multimedia tools to help kids enrich and expand their knowledge during the early years of birth through six. During this session we will investigate a variety of high-quality STEM-based learning objects available through the portal, as well as examine several innovative, standards-aligned, digital resources available via the "PBS Learning Media" database. Get ready to experiment and play with lots of new PBS tools!

### ***Getting to Know Your Fire Extinguisher & Other Fire Safety Rules***

Shawn Weltikol

Devils Lake Rural Fire Chief

We will exchange old fire extinguishers, test fire extinguishers, teach registrants how to properly use a fire extinguisher as well as basic fire safety.

### ***SIDS and Safe Sleep Practices***

Sarah Myers—RN, CCHC

Child Care Aware

Sudden Infant Death Syndrome (SIDS) is the leading cause of death among infants between one month and one year old. Each year, about 400,000 infants die unexpectedly during sleep, from SIDS, accidental suffocation, and unknown causes. Come learn about the steps you can take to support and promote safe sleep and reduce the risk of SIDS for children in your care.

### ***Bright and Early ND—QRIS***

Pam Palmer—Program Manager

Bright and Early ND

Bright & Early ND is our state's Quality Rating and Improvement System. It is a voluntary system that has set up standards for licensed providers to meet and once they meet them the program is recognized with a rating that shows their families, the community, and the state the good things they are doing for children. The ratings are tied to grants and incentives that help child care programs purchase materials and equipment and/or pay for trainings and eventually programs will get a higher reimbursement rate from the state child care assistance program.

### ***The Joy Fit Club of Laughter***

Brenda Langerud—BA Home Ec.

NDSU Extension

We change physiologically when we laugh. We stretch muscles throughout our face and body, our pulse and blood pressure go up, and we breathe faster, sending more oxygen to our tissues. Join us for meeting of the "Joy Fit Club" and find the laughter in your life.

### ***Play Your Way to Language***

Erin Bommersbach—M.S., CCC-SLP

Anne Carlsen Early Intervention

In this course, attendees will learn about the communication skills of infants and toddlers from birth to 3 years of age. They will learn about typical language development and will become familiar with characteristics of speech and language delays and disorders. Attendees will also be provided examples of techniques used to facilitate expressive and receptive language growth when working/playing with infants/toddlers.

### ***North Dakota Licensing Policy and Procedure Changes***

Amy Olson—Early Childhood Administrator

North Dakota Dept. of Human Services

During this session we will discuss policy and procedure changes that occurred during the 2017 legislative session. We will discuss changes that will be implemented in April of 2018 as well as changes that are being discussed for future legislative sessions.

### ***Sand and Water Table Workshop part 1—If you register for part 1 you must register for part 2***

Tom Bedard—M. Ed

Sand and Water Tables

Participants will watch children tell the story of discovery at the sensory table and then have an opportunity to create their own sensory apparatus. Photos and videos show children exploring multiple examples of inexpensive and easy-to-build constructions. Participants will be introduced to a set of axioms that help them reflect on their own practice and create a dynamic sensory table in their own program. The workshop combines presentation, discussion and construction.

# Changing the Tide

*Returning to Natural Learning*

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Friday 12:30 pm—2:00 pm

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### ***STEM Resources for Tots & Teachers***

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Prairie Public Broadcasting

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### ***Hearing Loss in the Daycare Setting: What You Should Know***

Carol Lybeck—M. Deaf Ed & ECE

ND School for the Deaf

Approximately 6 out of 1000 children born will have some degree of hearing loss. Many children are identified shortly after birth. If undiagnosed and with out support, hearing loss may have an impact on the child's language development, educational placement and social/emotional development. Children spend a great deal of their lives in daycare settings. Providers are in a position to be positive supports in the lives of the child with hearing loss.

### ***The New CACFP Meal Pattern***

Ann Schuetzle—Food & Nutrition Ed.

Heartland Food Program

If you would like more confidence in planning, shopping, and preparing your childcare meals following the food program's new meal pattern, then this is the session for you. Topics that will be covered include determining sugar content of cereals and yogurt; how to choose whole grain-rich foods; and flexibility in feeding infants.

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Saturday

8:15 am—9:45 am

Class Descriptions:

## ***Building with Block Play***

Susan Dotson—CDA, BA in F/C Sciences  
Home Child Care Provider

Our goal in this session is to get an up-close look at Block Play. We will discuss the importance of block play for toddlers and preschoolers. We will explore the stages of block play. Finally we will discuss how to promote block play in our programs.

## ***DIY Infant Toddler Activities***

Jennifer Baumann—CDA  
Home Child Care Provider

Join us and learn how to create your own activities and enhance your environment for the infants and toddlers in your care! Gain resources and hands on experience to help you continue to offer developmentally appropriate activities and not spend a fortune doing it!

## ***STEAM in the Outdoors***

Ilse Wilson—AAS ECE  
Home & Center Provider

Science, Technology, Engineering, Art and Math is hands-on learning that applies to the world around us. STEAM builds and teaches creativity, problem solving, life skills, ingenuity, resourcefulness, patience, curiosity. Get kids outside! Get kids interested in STEAM! Take STEAM outdoors.

## ***Risky Art***

Gill Robertson—English ECE, ECE II Canada  
Home Child Care Provider

Using art activities to introduce tool use as one of the pillars of “risky” play. Our goal is to increase providers comfort level with tool use. When providers are comfortable they begin to see children as competent, capable learners. Children who feel capable are more willing to try new things.

## ***FISH! Catch the Energy***

Macine Lukach—BS  
NDSU Extension

FISH! Catch the Energy encourages you to incorporate the FISH Philosophy into your everyday life to create a better world. You can make a difference by applying the 4 principles of play, be there, make their day and choosing your attitude. If each one of us catches the energy and releases the potential, your life can project the Fish Philosophy.

## ***Bright and Early ND—QRIS***

Pam Palmer—Program Manager  
Bright and Early ND

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## ***Trying New Things While Getting Back to the Basics is a Recipe for SUCCESS!***

Linda Schroeder—BS Business Mngt & Organizational Leadership, 3 yrs Elementary and Special Education  
Home Child Care Provider

As a licensed provider we are constantly learning and trying new things. Some things work and others are epic failures. Over the years I have learned a lot. In this session I will share tips, tricks, ideas, suggestions as well as some dos and don’ts all while having a whole lot of fun! I will share some of my go to ideas including games, puzzles, forts, activities, gadgets, timers, routines, dissecting, outdoor fun and tips to get those picky kids to eat. Personal, professional and business advice to help us all navigate through the adventures of LIFE while taking care of our FUTURE!

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## ***Stop the Behaviors Before They Start!***

Cassandra Sundeen—BS ECE-Program Management

Early Explorers Head Start

Behaviors can wreak havoc on your whole day. In this session we will take a look at some of the ways you can prepare your classroom, materials and schedule to curb problems in the classroom. We will also take a look at how child development and disabilities plays into classroom planning.

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## ***Transforming the Sensory Table into a Hands-On Science Table***

Tom Bedard—M. Ed

Sand and Water Tables

Be inspired to see the sensory table in a whole new way. With simple, easy-to-build constructions that can be made from cheap and recycled materials such as cardboard boxes and plastic tubes, the sand and water table becomes a place for children to engage in highly complex scientific thinking. Through videos, photos and anecdotes of children exploring the sensory table setups, participants are invited to see children engaged in a dynamic interplay between space and materials as they take charge of their own scientific inquiry.

## ***Introduction to Play Therapy***

Marci Kligmann—LICSW, M. of Social Work

LRHS—Advanced Clinical Specialist

This presentation will address what is play therapy including presenting problems, referral process, confidentiality, activity of play therapy, and benefits of play therapy vs. traditional talk therapy